

DOR DEPARTMENT of REHABILITATION

Employment, Independence & Equality



GETTING STARTED

The California Department of Rehabilitation (DOR) is here to help you. We work with people who have disabilities to help them get jobs, develop or promote in their current jobs, live on their own, and enjoy a life equal to others.

Our staff will work with you based on your specific hopes and needs. You are the most important person in this process. We will help you build a plan to improve your job and personal life. To help you reach your goals will require some work from you too. We will coach you all along the way.

We may be able to help you with:

- Disability and benefits programs
- Job search and interview skills
- Job training and tools
- College and textbooks
- Disability equipment
- Support services like childcare or transportation
- Connecting you with other people or groups that may be able to help you

We will always respect you and your opinions. We will help you to understand the various options available to you as we work toward your goals.

If you have questions and would like someone to contact you, please click "Have DOR Contact Me". We will need a little bit of information to ensure the right person contacts you.

<https://dor.ca.gov/Home/GettingStarted>