



## TRAINING AND EMPLOYMENT PROGRAM FOR STUDENTS

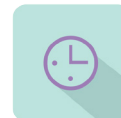
If you are between the [ages 16-21](#) and attending high school or college and also [have an intellectual, physical, developmental, and/or mental health disability](#) you can receive 20 hours of training to prepare you for a paid internship.

### Gain valuable work experience!



#### WORKPLACE SKILLS

Gain a variety of skills to help succeed in a paid internship



#### 20 HOURS OF TRAINING

Attend 20 hours of work readiness training



#### PAID WORK EXPERIENCE

Work up to 200 hours

#### WORK READINESS TRAINING

- Communication Skills
- Disability Disclosure
- Dress for Success
- Interview Basics
- Resume & Application Process
- Work Place Safety

#### PROGRAM REQUIREMENTS

- Must have an IEP or 504 Plan
- Must be 16 years or older and enrolled and attending school
- Attend mandatory (unpaid) work readiness workshop
- Must be able to work part-time/full-time during summer
- Must be able to work independently



**APPLY ONLINE AT**

[sacramentoworks.org/youth/steps](https://sacramentoworks.org/youth/steps)



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