

TURNING SETBACKS INTO COMEBACKS:

Resilience Skills for Career Success

PRIDE Industries Career Hub

Hybrid Event - In-Person and
Teams Event

7011 Sylvan Road, Ste A,
Citrus Heights 95610



Please use the QR Code
above to attend the Virtual
meeting. Please contact us
at (916) 676-2540 if you have
any questions.

Thursday, Nov 7

2:00pm - 4:00pm (PST)

Led by Tanya Lindquist and
Madalyn Ashby

- Stay Motivated in the Face of Setbacks
- Develop In-Demand Skills
- Build a Strong Support System
- Practice Self-Care for Career Growth

PRIDE
INDUSTRIES

DOR
DEPARTMENT of
REHABILITATION
Employment, Independence & Equality

SETA
Sacramento
Works

This WIOA Title I financially assisted program or activity is an equal opportunity employer/ program. Auxiliary aids and services are available upon request to individuals with disabilities. Call 711 for relay services