



steps

TRAINING AND EMPLOYMENT PROGRAM FOR STUDENTS

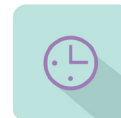
If you are between the [ages 16-21](#) and attending high school or college and also [have an intellectual, physical, developmental, and/or mental health disability](#) you can receive 20 hours of training to prepare you for a paid internship.

Gain valuable work experience!



WORKPLACE SKILLS

Gain a variety of skills to help succeed in a paid internship



20 HOURS OF TRAINING

Attend 20 hours of work readiness training



PAID WORK EXPERIENCE

Work up to 170 hours To help build skills, gain knowledge in a particular industry, or expand your network

WORK READINESS TRAINING

- Communication Skills
- Disability Disclosure
- Dress for Success
- Interview Basics
- Resume & Application Process
- Work Place Safety

PROGRAM REQUIREMENTS

- Must have an IEP or 504 Plan
- Must be 16 years or older and enrolled and attending school
- Attend mandatory (unpaid) work readiness workshop
- Must be able to work part-time/full-time during summer
- Must be able to work independently

 **APPLY ONLINE AT**

sacramentoworks.org/youth/steps

