



Paid summer internship for high school students

Get your first job or add to your resumé.

Minimum requirements:

Here's a unique, 6-week paid summer internship program for high school students. Interns will get an inside look into professions that could inspire career choices through an internship in 2025.



For a complete list of participating schools and to apply, visit sacramentoworks.org/youth/SMUD.

• **Opening Date and Time:** 12:00 a.m., Monday, March 24, 2025**

• **Closing Date and Time:** 11:59 p.m., Friday, May 02, 2025**

Contact:

Benjamin Murti

Sacramento Employment & Training Agency

SacramentoWorksFor.Youth@seta.net

- Be 16 years of age or older by June 2, 2025
- Be a current Junior or Senior in high school Have a 2.5 or better GPA
- Attend mandatory (unpaid) program orientation Thursday, May 15 (5:30 – 6:30 p.m.)
- Have no relatives working at SMUD

- Attend mandatory (unpaid) work readiness workshops and video interviews June 4 and June 5 (4 – 8 p.m.)
- Attend mandatory (paid) 3-day internship preparation workshops June 16, June 17 and June 18 (8 a.m. – 4 p.m.)
- Be able to work 36 hours per week from
- Monday, June 24 – Friday, August 1

Internships may take place in person, remotely or a hybrid of both. Please be prepared for all options.



Powering forward. Together.



Candidate selection process

- Step 1.** All applications received by 11:59 p.m., Friday, May 2, 2025 will be accepted and reviewed for minimum qualifications, and then entered into a computerized random drawing.
- Step 2.** Eligible applicants will be invited by email to attend an unpaid mandator program orientation.
- Step 3.** Students that attend the mandatory program orientation will be entered into a second computerized random drawing. 55 students will be randomly selected to attend a 3-day unpaid work readiness workshop.
- Step 4.** Students attending the work readiness workshop will be invited to interview with SMUD for selection and placement within the organization.



[Apply today at sacramentoworks.org/youth/SMUD2025](https://sacramentoworks.org/youth/SMUD2025)

If you have any questions, please contact:

Benjamin Murti, Workforce Development Planner
Sacramento Employment & Training Agency



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